



Dignity is self-respect poised with grace. Dignity is not based on education, location or association although it can be influenced by these. Dignity comes from within. It may be enhanced with manners and culture but it begins with an attitude; a mindset of self-worth. It comes from a set of principles that promotes value and significance.

According to www.dictionary.com, the word dignity means bearing, conduct, or speech indicative of self-respect or appreciation of the formality or gravity of an occasion or situation.

We are all born with an innate sense of dignity but in some, somewhere along the line it becomes diminished and tarnished because of life's experiences. Life's experiences cannot weaken the effects of dignity but it weakens our outlook about our own value. Once the value we place on ourselves and others is reduced, dignity is replaced with insignificance and dishonor. In order to continue to bring grace to the human race, decency and civility through dignity is in order.

Dignity is an unseen power that can do wondrous things. Dignity has the power to open doors by connecting us to like-minded people, elevate us to a new level and station us in the ranks of greatness.

Dignity has no geographical boundaries. It is universal. It can be sensed through an unspoken language of respect, self-worth and value for yourself and others. It can be expressed through a smile or holding the door open for someone. Dignity is uniquely inward focused and outward focused at the same time. When you value your own life, you will value others with respect.

Dignity is a treasure chest of bounty that will never let you down.