



Resolutions

It is that time of year, the time we take a mental walk through of our life and do some soul searching. If resolution is, among other definitions, according to Webster's, "The act of analyzing a complex notion into simpler ones," then why not use this year's resolutions to do just that. No need to burden yourself with the charts and goals, the reminder notes in your purse of wallet; just simplify those things that concern you. By doing this, you can more easily accomplish the traditional goals that are customarily set at the beginning of a year. With each simple step, you will find how much easier it is to tackle the goal. Set a pace and make it yours.

Your best is yet to come in 2016.

<http://www.FindYourPace.org>

Hank Van Joslin